

Sample of Physical Education Curriculum Balance Across Domains

Analysis of Program Objectives that appear in Generic School District's physical education core curriculum document.

	<u>Tally</u>
Fitness Capacities	5
Activity-Related Knowledge Objectives	6
Affective Traits	12
Fundamental Motor Skills	
Locomotor	8
Body Control	4
Object Control	
(arms)	6
(legs)	4
Lifelong Activities	7